

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>New Year's Day 1</b> Seafood Paella (Rice) Mixed Vegetables Tossed Salad Fresh Fruit	<b>2</b> Pasta Primavera (pasta) Broccoli Lentil Soup Fresh Fruit	<b>3</b> Lemon Herb Fish Rice Pilaf Green Beans Spring Greens Salad Citrus Fruit	<b>4</b> Beef Tacos Seasoned Pinto Beans Mixed Vegetables Tomatoes & Lettuce Flour Tortilla Banana	<b>5</b> Chile Verde Stew (Pork) Rice (Cabbage, Squash, Carrots) Fresh Fruit
	<b>7</b> Salisbury Steak w/ gravy Mashed Potatoes 5 way Mix Vegetables Spinach Soup Fresh Fruit	<b>8</b> Turkey Breast w/ gravy Sweet Potatoes Peas Spring Greens Salad Canned Peaches	<b>9</b> Baja Chicken Rice/Beans Mexican Corn Vegetable Soup Fresh Fruit	<b>10</b> Hearty Irish Stew Boiled Potatoes (Peas & Carrots) Tossed Salad Citrus Fruit	<b>11</b> Breaded Fish w/ tartar sauce Rice Pilaf Italian Mix Vegetables Garden Salad Fresh Fruit
<b>Fish Veracruz</b> Brown Rice Broccoli/ Cauliflower Black Bean Soup Fresh Fruit	<b>15</b> Chicken Fajitas Black Beans Peppers & Onions Tossed Salad Flour Tortilla Fresh Fruit	<b>16</b> Pork Loin w/ applesauce Mashed Potatoes Green Beans Butternut Squash Soup Citrus Fruit	<b>17</b> Turkey Meatballs w/ gravy Pasta Mixed Vegetables Pineapple Slaw Banana	<b>18</b> Chicken Pozole (Hominy) Onion/Cabbage/Radish/Cilantro Romaine & Orange Salad Fresh Fruit	<b>19</b> Caldo de Res (Beef Soup) Rice (Cabbage, corn, zucchini) Fresh Fruit
<b>MLK Holiday 21</b> BBQ Chicken Garlic Mashed Potatoes Collard Greens Coleslaw Fresh Fruit	<b>22</b> Chicken Mole Mexican Rice Corn Garden Salad Fresh Fruit	<b>23</b> Braised Beef w/ gravy Mashed Potatoes Peas & Onions Veg & Barley Soup Orange	<b>24</b> Mediterranean Fish Steamed Rice Winter Blend Veg Spring Green Salad Fresh Fruit	<b>25</b> Marsala Chicken Diced Potatoes Spinach Tossed Salad Fresh Fruit	<b>26</b> Albondigas (Beef) Rice (Carrots, Squash, Green beans) Cantaloupe
<b>28</b> Sweet & Sour Chicken Long grain rice Broccoli Vegetable Soup Fresh Fruit	<b>29</b> Meatloaf w/ gravy Scalloped Potatoes Peas & Carrots Caesar Salad Fresh Fruit	<b>30</b> Breaded Fish w/ tartar sauce Rice Green Beans Split Pea Soup Orange	<b>31</b> Pasta Bolognese (Turkey) Penne Pasta Mixed Greens Tossed Salad Fresh Fruit		